



# J & J Bowling Supply

## Motion View Bowling Lessons

### Adult

#### Package with Video

|                    |           |
|--------------------|-----------|
| 1-One Hour Lesson  | \$ 80.00  |
| 2-One Hour Lessons | \$ 150.00 |
| 4-One Hour Lessons | \$ 275.00 |

#### Package without Video

|                    |           |
|--------------------|-----------|
| 1-1/2 Hour Lesson  | \$ 45.00  |
| 2-1/2 Hour Lessons | \$ 80.00  |
| 4-1/2 Hour Lessons | \$ 145.00 |

Lessons given by:

**7-Time PBA National  
Champion and USBC Certified  
Silver Level Coach**

**Steve Jaros**

and

**20 Year PBA Professional**

**Gregg Zicha**

### Youth / Senior

#### Package with Video

|                    |           |
|--------------------|-----------|
| 1-One Hour Lesson  | \$ 45.00  |
| 2-One Hour Lessons | \$ 85.00  |
| 4-One Hour Lessons | \$ 165.00 |

#### Package without Video

|                    |          |
|--------------------|----------|
| 1-1/2 Hour Lesson  | \$ 30.00 |
| 2-1/2 Hour Lessons | \$ 45.00 |
| 4-1/2 Hour Lessons | \$ 80.00 |

Whether you are looking to make your mark in the PBA or just trying to add a few more pins to your average, bowling lessons at J & J Bowling Supply can help. Lessons are available starting at just \$30.00. Steve Jaros is a PBA National Champion with seven tour victories (including a major), 40 Regional tournament victories, and 18 years experience on the PBA Tour. He is also a USBC Certified Silver Level Bowling Coach. Gregg has been a member of the PBA for over 20 years and is a USBC Certified coach. He has rolled 43 perfect 300 games and 13 800 series. He has one PBA title, 2 USBC Championships and was recently elected to the SWC Bowling Hall of Fame. At J and J we use the state of the art bowling video analysis equipment to check every aspect of your bowling game. You will learn how to adjust your power, control and approach. We will check the fit and the drilling of your ball and help you make changes that will get the most out of every ball you roll. Video packages will include a free CD/DVD of your lesson. Stop in today to arrange for your first lesson and start rolling a better game tomorrow. (Youth packages are for 17 years old and younger / Senior packages for 60 years old and older.)

Contact Steve Jaros or Gregg Zicha in the pro-shop for more information.

J & J Bowling Supply \* 1101 E. Butterfield Road, Wheaton, IL 60187 \* 630-690-7500

<http://www.jandjbowlingsupply.com>